

# Wheeling, West Virginia

The City of Wheeling and partners is working to create what they call the "Edible Mountain," a holistic, place-based youth wellness hub that aims to increase access to local food, physical fitness, social connection, and creative exploration.



## Goals

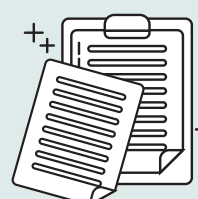
- Improve physical health among youth, as measured by reduced prevalence and risk factors for childhood metabolic disorders
- Improve resilience among youth, as measured by reducing the impact of Adverse Childhood Experiences

## Background

- ✓ Population size: 26,771
- ✓ Wheeling median household income for families with children is substantially lower than the state's average.
- ✓ Wheeling's urban core's youth population suffers from metabolic disease and trauma at a disproportionately high rates.

## Key Milestones from July - December 2020

### Success Stories



Hired a new parks and recreation director

Hiring process for coordinator is underway and being led by Never Bored Board, a youth leadership group



Participated in meetings with Prevention and Research Partner to learn best practices regarding evaluation metrics, data collection, analysis

9



individuals that attended community convenings or meetings related to access to foods that support healthy eating patterns

3



partner organizations convened or engaged by the lead partner to promote access to foods that support healthy eating patterns

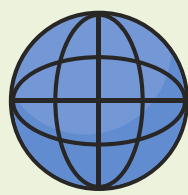
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community convenings or meetings related to access to foods that support healthy eating patterns

## Follow their social media!

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